

**Priority 1: The Best Start for Life**

Senior Responsible Officer (on HWB)  
Responsible Officer (on IDG)

Dawn Godfrey  
Bernadette Caffrey

GREEN = On Track

AMBER = Off track but mitigations in place too recover  
RED = Off track and at risk

GREY = Not Started

BLUE = Complete

Ref	What Do We Want To Achieve?	How Are We Going To Do It?	Lead Organisation	Timeframe for Delivery (Month/Year)	Level (System, Place or Neighbourhood)	How Will Success Be Measured?	Progress for May 2023	Progress for June 2023	Key Identified Risks	Mitigations	June 2023 Project RAG Status
1.1	Healthy child development in the 1,001 critical days (conception to 2 years old)										GREEN
1.1.1		Clear 'Start for Life' offer for parents. The Family Hub programmes will be critical to bring activity together and ensuring an integrated offer across the 0 to 19 (25) years pathway. Information sharing agreements to be agreed. Watch - Family Hub programme receiving oversight from the Rutland CYP Partnership.	RCC/PH /Mina Bhavsar (ICB commissioning officer). Sham Mahmood. Public Health.	2022-24	Place and system	Family Hub operating 0 to 19, (25 yrs. SEND), clear, accessible, seamless and integrated services for families in place and achieving positive outcomes for children and young people. Quantative, qualitative feedback from parents on feeling supported through 1,001 critical days.NHS provider meeting KPIs in 0 to 11 years Healthy Child contract and offer.			Engagement		GREEN
1.1.2		Healthy lifestyle information and advice for pregnant women or those planning to conceive, including: a) implementation of MECC+ healthy conversations across prevention services b) Targeted communication campaigns c) Increase awareness of postnatal depression and social isolation through midwifery and 0-10 children's public health service d) Immunisations in pregnancy (flu/covid) e) Ensuring women are also reached who have chosen to give birth out of area. Link to 2.1.1 Communications 2.2.3 Healthy conversations 7.1.1 Perinatal mental health support.	LPT/UHL	2022-23	Place and system	* Women healthier during pregnancy: reduction in overweight/obese or smoking. * Improved rates of immunisation for mothers (notably flu/Covid). * Women aware of the risk of Post Natal Depression and isolation. Better able to prevent and seek support where required. * Wherever women give birth, they have access to information about health in pregnancy and access to support.			Lackof capacity and increased demand in key partner agencies		GREEN
1.1.3		Local implementation of the Maternity Transformation Programme considering: Improving quality and safety for mother and babies. Improving quality of pathway Implementing neonatal critical care review, improving access to perinatal health services. Link to above actions. LLR LMS Transformation Funding	LPT/UHL	2023-24	Place and System and Neighbourhood. Working toward 6% perinatal access to increase access from 6% to 10% by March 2023	Mothers in Rutland are happy with the services available to them. Positive change in longer term trends around low birth weights and infant Mortality. .Maternity service patient satisfaction surveys · Qualitative feedback re maternity service access, including cross border · Location of Rutland births · Low birth weight for term babies · Infant mortality					GREEN

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1.1.4		Implementation of 0-19 Healthy Child Programme, to support Rutland's Family Hub Programme. Including: 0-10year mandated child development checks (including 3-4month and 3.5year checks), a digital offer, evidence-based interventions for children (antenatal, breastfeeding, dental care and peer support for developing active, resilient children, awareness around shaking and head trauma (ICON)), and safeguarding. Consideration of accessibility of related health health services, including dental. Specific consideration for military population.11plus Public Health Teen Health contract and Offer for young people in Rutland	Public Health Rutland	From Sept 2022	Place and system	Positive development of children 1-10, in areas covered by the dashboard metrics <ul style="list-style-type: none"> <li>• New Born Visits within 14 days</li> <li>• Breast milk is baby's first feed</li> <li>• Breastfeeding initiation and continuation rates</li> <li>• 2.5 year development checks (fine, gross and motor skills)</li> <li>• Healthy Together 2.5 year development checks (communication, fine and gross motor skills)</li> <li>• Early Years Foundation Stage Progress Check between 2-3 years of age, including communication and language, physical development and personal, social and emotional development</li> <li>• Attainment of a Good Level of Development (GLD) at the end of reception year, taking into consideration children eligible for Free School Meals (FSM)</li> <li>• Immunisation rates in under 2years</li> <li>• School readiness at the end of foundation year (especially those receiving Free School Meals)</li> <li>• Children with visibly obvious tooth decay at age 5years</li> <li>• A&amp;E attendance for children aged under 1years and aged under 4years.</li> <li>• Qualitative feedback from parents on feeling supported through 1,001 critical days</li> </ul>					GREEN
1.1.5		Further investigation into -High proportion of low birth weights at term in Rutland. -Children and Young People's dental care in Rutland, including dental education and access to services.	Rutland Public Health	2022-23	Place	Better understanding of the factors contributing to these patterns. Stronger evidence base for next steps to tackle these issues. Oral Health JSNA chapter <ul style="list-style-type: none"> <li>• Low birth weight for term babies</li> <li>• Infant mortality</li> <li>• Children with visibly obvious tooth decay at age 5years</li> </ul>					GREY
1.2	<b>Confident families and young people</b>										GREEN
1.2.1		Implementation of 0-19 Healthy Child Programme, 11-19 year element, which supports the Rutland Family Hub programme - including face to face offer for families, a digital offer, health promotion campaigns including via schools, health behaviours survey, safeguarding, evidence-based interventions for healthy, active resilient children and young people who are able to transition effectively into adulthood. Specific work on transitions for children with LD (up to the age of 25years.) Integrated offer that include a whole family approach,( fathers/grandparents), and is supported by local and vountary groups and communities. 1.4 for vaccinations 2.1 communication campaigns 4.4.1 Digital inclusion 7.1.3 Children and Young People's mental health needs	Rutland County Council	From Sept 2022	Place and system	Happy and successful young people 11-19, receiving support and interventions early and when and where they need it. Provider meeting the KPIs. <ul style="list-style-type: none"> <li>* Immunisation uptake (Covid, HPV, school leavers booster especially for those in care)</li> <li>* Proportion of children at a healthy weight (NCMP data at reception and year 6)</li> <li>* Under 18year conceptions</li> <li>* Health behaviour survey results indicating positive lifestyle choices and access to a trusted adult</li> <li>* A&amp;E attendance for under 18years</li> <li>* Rate of hospital admissions caused by unintentional and deliberate injuries (Children aged 0-14yrs)</li> <li>* Educational attainment</li> <li>* Proportion of young people not in education, employment or training</li> <li>* Specific split of data from those with LD including qualitative feedback on transition from CYP service to Adult Services for those with additional needs.</li> </ul>			Capacity within key partner organisations to engage in and deliver programme.		GREEN

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1.2.2		Targeted, coordinated support for Rutland's most disadvantaged or vulnerable children, representative of Rutland's demographic, to access their Early Years and Inclusion Offer and provision. Reduce the impact of Adverse Childhood Experiences on children and their families by embedding a 'trauma informed approach' to the workforce. Integrated Early Help, SEND, Health and Social Care offer	RCC,	2022-23	Place	Families who are disadvantaged or with additional needs have their needs identified early, and feel supported, and less likely to need specialist services. Adverse Childhood Experiences have less impact on children and families - through prevention and support to manage/recover. * 0-5 year development indicators specifically for target groups * Healthy lifestyle indicators reviewed for specific groups including immunisation uptake for SEND in over 14years * Proportion of annual Looked After Child Reviews carried out by Looked after Children Nurses * Proportion of Strengths and Difficulties Questionnaires (SDQ) undertaken for Looked After Children * Proportion of Education and Health Care Plans completed					GREEN
1.3	Access to health services										GREEN
1.3.1		Increase health checks for SEND children aged 14years and over ensuring that status is built into the education and health provision set in a Child's Education and Health Care Plan. Funding RCC - DSG HNF. CHC CCG	ICB /LPT	2022-23	Place	Children with SEND are having their health checks in a timely fashion. This is helping those working with them to do this more successfully. * Immunisation uptake especially in SEND over 14s * Proportion of SEND Health check completed					GREEN
1.3.2		Increase immunisation take-up for children and young people where this is low, including identifying sub-groups where take-up is lower and understanding why.	ICB/ LPT	2022-23	Place and system	It is clear where immunisation take-up is lower than average (including among which demographics), and changes to delivery help to increase take-up to match or exceed comparator averages. * Review into immunisation uptake across Rutland * Immunisation uptake rates (Covid, HPV, school leavers' booster especially for those in care)					GREEN
1.3.3		Coordinated services for children and young people with long term conditions (LTCs) and SEND. Long term condition support for children and young people with asthma, diabetes and obesity including access to appropriate medication, care planning and information to self-manage their conditions, and to relevant support services. To include learning from the Leicester City CYP asthma review and take-up of Tier 3 weight management services. 3.2 Integrated care for LTCs 7.1 Integrated Neighbourhood Team development ND Pathway programme, and Key Worker programme. To explore early planning for ASD/ADHD families between GP and schools.	LPT	2022-24	Place and system	* Report with review of Leicester City Evaluation in context of Rutland needs					GREEN

**Priority 2: Staying Healthy and Independent: Prevention**  
**Senior Responsible Officer (on HWB) Mike Sandys**  
**Responsible Officer (on IDG) Adrian Allen**

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2.1	Supporting people to take an active part in their communities											GREEN
2.1.1	Ensure residents are fully aware of the community and health and well-being offer in Rutland and understand how to access it.	Communication of Rutland's community and health and wellbeing offer including: a) Develop and implement a multi-channel communication plan to enhance information for signposters and for the public, including distinctive groups. This will also align with the work of the HWB and cater for those that are digitally excluded or use cross border services. b) To include enhancing the reach and scope of the Rutland Information Service (RIS) via multiple channels (web, social media, print). c) Updating the RIS online platform to meet accessibility standards and be more usable on mobile devices as this is how most users access it. d) Enhancement of online functionality for clearer routes into preventative services.	RCC-Public Health (RIS)	Jun-23	Place	* Completed Health and Wellbeing Communication plan aligned with the HWB * Reach of communication campaigns including social media followers, posts and shares * RIS monthly visitor figures * Qualitative feedback on awareness of and access to service across Rutland	Working Group re-established with good reach of stakeholders. Group aware that finalisation of plan is required. Quality Improvement Officers have been assigned actions including engaging with community groups, digital improvements.					GREEN
2.1.2	Working in collaboration with the VCF sector to further strengthen relationships across the sector.	a) The VCF forum coordinated by Citizens Advice Rutland (CAR), also working with wider bodies and services e.g. Parish Councils, and statutory and commissioned services. Sharing intelligence, skills and resources; mutual aid; joint responses to community needs and funding opportunities. b) VCF groupings with a shared focus e.g. deprivation, armed forces. c) Community development encouraging the formation and confident operation of new groups in Rutland for shared interests. d) Mapping of the Rutland voluntary and community sector to understand its strengths and areas for development. e) Collaboration, with statutory and commissioned services, around sustainable improvement for households with multiple and/or complex needs impacting health and wellbeing.	CAR, RCC	Jun-23	Place	* VCF forum participants * Collaborations including events, shared resources, joint services, grants obtained * Mapping of Rutland voluntary and community sector	VCF forum ongoing and CAR providing support to the VCF sector. Research underway into the development needs of the VCF sector to support commissioning of this service from 2022-23. Recent proposal put together by VCS partners to better support individuals calling on many services and reduce ongoing need - however only partially funded as yet. Attendees at neighbourhood monthly meeting increasing.		low uptake of survey by VCSE groups	CAR have allowed a 3 month data collection period and we will invest staff and volunteer time to drive up participation.		GREEN
2.1.3	Increase the level of volunteering across the county.	Working through the Citizens Advice Rutland (CAR) volunteering marketplace, making sure we are building on positive experiences in the pandemic.	CAR	Sep-23	Place	* Number of volunteers registered * Number of matches made * Number of hours of volunteering committed	Volunteering site is in place and actively promoted, range of opportunities increasing. Celebrated volunteers week at the end of May. Main current challenge is numbers of volunteers coming forward.		The demand for volunteers is not met as numbers of available volunteers is lower than needs of VCSE sector.	CAR are running an ongoing campaign on social media, local radio, pop up stalls and monthly VCSE calls to try to increase the number of volunteers in county.		GREEN
2.1.4	Building Community Conversations	Explore the potential application of innovative models to empower individuals and communities, including: the Healthier Fleetwood model in which facilitated conversation spaces enable communities/groups with a common interest to meet informally to discuss opportunities and issues and progress improvements; and Camerados, an approach designed around people looking out for each other.	CAR	Mar-24	Place	* Feasibility study on implementation of potential community models in Rutland * Qualitative feedback that community conversations are taking place * Number of participants in the model	Community conversations work to be planned in. Neighbourhood lead in post and attendance at new neighbourhood meetings increasing.					GREY
2.2	Looking after yourself and staying well in mind and body											GREEN
2.2.1	Supporting residents to live more active lives	a) Increasing exercise on referral and promotion of active opportunities – helping people to increase activity positively in ways that work for them – personalised approach building on strengths. Also targeting groups such as patients on waiting lists, with mental ill health or living with dementia or cancer, people isolated or unable to travel. b) Local progress of the LLR Active Together strategy, including engaging organisations including businesses, care homes and schools in facilitating active lives. c) Development of Active Referral programme delivered by Active Rutland, utilising the Joy platform for referrals. d) Secure funding via PCN to develop a wider offer e.g. hip, knee and back school. e) Access to Holiday Activities and Food programme delivered by Active Rutland.	Active Rutland, Active Together, PCN RISE	Mar-24	Place	* Exercise referrals made * Exercise referral service user numbers * Reduction in the proportion of adults overweight or obese * Increased proportion of physically active adults * Increased proportion of adults engaging in active travel (cycling or walking) at least 3 days a week * Proportion of health checks completed	New funding and a service model has been agreed for the continuation of Active Referral from April 23. The programme will be coordinated by the Active Rutland team based at Rutland County Council.					GREEN

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2.2.2	Supporting residents in health awareness and ensuring they can self-care where appropriate.	a) Providing information to increase awareness of changing health needs, and confidence to self-care. b) Clear prevention 'front doors' for additional support (See 2.2.4 Social Prescribing). c) Increase uptake of Weight Management Rutland services for adults, and family-focused support programmes, including Holiday Activities and Food Programme. Encourage take-up of NHS health checks and ongoing blood pressure monitoring for early diagnosis of cardiovascular risk. d) Review Chlamydia screening across Rutland to identify reasons for low level of Chlamydia detection and screening.	RCC (incl RIS, RISE, libraries), Public Health, PCN, VCF sector	Mar-24	Place	* Communication measures on Health awareness campaigns and RIS webpages (reach, shares, posts etc.) * Uptake of prevention services * Uptake of NHS health checks and numbers of referrals to prevention services * No. of blood pressure checks in the community * Improvement in Chlamydia screening rate and understanding of detection rate	The Rutland weight management service will be mainstreamed funded from April 1st this will provide more opportunities to promote the service and increase take up of the offer to Rutland residents. Linking into the MECC, Active Rutland, and the newly commissioned Health checks. Alterations made to the health checks service are designed to improve the invite and take up process. Sexual health services are currently out to consultation and the results of which will inform the procurement process but also give					GREEN
2.2.3	Ensure our workforce are trained and empowered to have healthy conversations	a) Implement Healthy Conversations training (Making Every Contact Count Plus – MECC+) to empower Rutland's diverse front line staff to discuss health and wellbeing with service users and signpost them. b) To include professionals working with housebound and digitally excluded people, and those who struggle to travel. c) Accessible signposting resources.	RCC, PH, LPT	Jun-23	Place and System	* Numbers trained in MECC+, train the trainers and super trainers in Rutland * Data on source of referrals to prevention services * Reach of RIS website * Qualitative feedback and evaluation of MECC+ training package	Paper going to the Health & Wellbeing Board in March on MECC+ rollout in Rutland.  Train the Trainer dates agreed for March 23.					GREEN
2.3	Encourage and enable take up of preventative health services											GREEN
2.3.1	Increase uptake of immunisation and screening programmes.	a) Completion of a health equity audits on immunisation and screening programme uptake across Rutland. (Including childhood immunisations.) See 1.1 and 1.2. b) Targeted communications campaigns using behavioural science to support increasing uptake. (See 2.1) c) Use the Health and Wellbeing Coach, healthy conversations (MECC+), Core20Plus5 and other routes to increase cancer screening uptake including mammograms, bowel scope screening and cervical screening [see 2.2] d) Considering how services could be delivered closer to home (for example breast and bowel scope screening) See 4.2.	PH/ PCN/ NHS England	Mar-23	Place and System	* Health Equity audits completed on areas of concern. Results/ recommendations reported to HWB and LLR Health Protection Board. * Uptake of specific immunisation and screening programmes. Specifically reviewing vulnerable or under-served groups. * Including offer/ uptake of health checks (including those for LD), uptake of screening programmes (including breast and bowel scope screening), uptake of screening programmes closer to home.	Health Check programme procured from 1st April for Health Checks, new payment schedule will support increased activity. Monitoring will happen through existing governance structures.					GREEN
2.4	Maintaining and developing the environmental, economic and social conditions to encourage healthy living for all											GREEN
2.4.1	To have a focus on health and equity in all policies.	Focus will include the economic, social and environmental contributions to health (wider determinants of health). a) Aiming for an overall commitment of relevant organisations in Rutland to building in consideration of health and equity in all that they do. b) Health Impact Assessments (HIA) or Integrated Assessments for decision making and policy development. Health Impact Assessment (HIA) of individual policies/investments, considering social value. c) Produce a wider determinants review with partners for Rutland. The review will explore existing work across Rutland, identifying any gaps to consider additional action across partners. Focus will include the built environment; open and green spaces; active travel; fuel poverty; air quality; and healthy housing.	RCC PH	Mar-24	Place	* Organisations committed to a Health and Equity in all Policies approach. * Evidence that organisations have embedded a process to systematically consider health, wellbeing and equity in everything they do. * Evidence of enhanced designs/decisions from HIAs * Development of wider determinants review.	Some initial Health in all Policies work has started, including focus on a training package covered in action 5.3.1. This will lead onto a more formalised approach once learning from pilots is complete.					GREEN









**Priority 4: Ensuring Equitable Access to Services for all Rutland Residents and Patients**  
**Senior Responsible Officer (on HWB) Debra Mitchell**  
**Responsible Officer (on IDG) Charlotte Summers**

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4.1	<b>Understanding the access issues</b>										AMBER
4.1.1	Identify services that are commissioned locally in Rutland via the LLR and ICB and map equivalent services available across the neighbouring borders. To include both Primary and secondary care. Identify the cohort of patients who are registered with a Rutland GP but outside of Rutland. Finding to inform future pathway design.	Identification of the number of patients who are registered with a Rutland GP but live outside of the Rutland CC boundary. Identification of patients who live inside the Rutland boundary but access GP services outside the Rutland CC boundary. Identify issues of health and social care provision across borders to inform targeted work looking at certain cohorts of patients. Check services available in Leicestershire and identify pathways in neighbouring counties and vice versa. Identify top ten secondary care referral specialities for Rutland patients. Identify top ten reasons for attendance at A&E for Rutland patients. Identify top ten reasons for admission in to secondary care for Rutland patients. Identify RMH community hospital inpatient bed utilisation and occupancy rates, including Rutland patients who are admitted to a community hospital bed outside of Rutland. Operational Service mapping of key OOA pathways where there are inequalities	ICB	Jun-24	Place	Report on border issues Documented mapping of key OOA service pathways and reference to specific issues Agreement on areas of focus of inequalities as part of delivery of PCN Network DES Agreed data sets and reports available for Rutland on Aristotle.			Variability in the availability of certain data from different providers. Some data may not already be routinely collected.	Work closely with Midlands and Lancs CSU and providers to ascertain whether it is feasible to establish regular data collection to inform measurement of the metrics.	AMBER
4.1.2	Develop strategic relationships with cross border commissioners and providers to ensure equitable services are developed and available ensuring Rutland's residents and those registered at a Rutland GP have greater choice across boundaries and inform future strategy development of partner ICB's. Build equitable access into pathway design.	Greater understanding of services that patients access or should be able to access across borders in Peterborough, Lincolnshire, Northamptonshire and Cambridge. Check services available in Leicestershire and identify pathways in neighbouring counties and vice versa. Established links with associate commissioners and other partner agencies to inform future commissioning arrangements. Patients will feel more informed with regards to the services that they can access, where they can access and the different services available other than an appointment with a GP. Highlighting different roles such as first contact physio, clinical pharmacist, mental health practitioners.	ICB	Apr-23	Place	Improved patient feedback from people reporting health and care inequity Established regular meetings with associate commissioners and regular two way dialect.			Rutland is much further ahead with its work around the place led plan and some of this work is only in initial stages across the boards.	Close working to inform plans wherever possible. Sharing of our plans with border partners to ensure collaboration and alignment moving forward.	GREEN
4.1.3	Work with local Rutland population to understand the key issues that they identify as a patient living in a rural location such as Rutland. Publicise the wide range of services and extended roles available through primary care. Patient and public engagement to inform long term plans.	Engage with the local population with regards to the design of the enhanced access service. Address the key recommendations from the RCC Primary Care Access Survey. Engage with PPG's and Rutland HealthWatch	ICB	Apr-23	Place	Number of survey responses Patient feedback Progress against the individual recommendations outlined in the Primary Care Access Survey.			N/A	N/A	AMBER
4.1.4											
4.2	<b>Increase the availability of diagnostic and elective health services closer to home</b>										AMBER
4.2.1	Improving public information about locally available diagnostic and planned care services as part of increasing access including urgent care and when mobile facilities such as the mobile breast screening unit are in the area, and accessible out of area provision.	GP, PCN and Rutland Information Service having dedicated areas on their websites/directories with information that is kept up to date and active signposting to out of county equivalent services. Map all local services available.	ICB	Apr-23	Place	Local communication plan and RIS development including specific campaign on out of hours access					AMBER
4.2.2	Develop understanding of used and vacant space at Rutland Memorial Hospital to inform scope for potential solutions. Followed by strategic review of other vacant space that could enable health services closer to the population.	A completed estates review that identifies all areas that are currently being used, identify areas for consideration not just from a health perspective but local authority and other local businesses such as leisure centres and voluntary sector organisations.	ICB	Apr-23	Place	Quantified understanding of available space and existing medical facilities' appropriateness for clinical activity			The delay to the clinical estates strategy on informing the development of local understanding.	Working as a part of the team to inform the clinical estates strategy and anticipate outcomes so that this piece of work is cited and incorporated in discussions moving forward.	AMBER
4.2.3	Review and identify potential solutions for Elective and Community services feasible for closer local delivery, to maximise the use of local existing estates infrastructure whilst supporting restoration and recovery post covid including considering e.g. cancer 2 week wait, cardio respiratory services and orthopaedics and the delivery methods for such services i.e. virtual or face to face, satellite clinics. Consider longer term options for children's services (incl phlebotomy), end of life, chemotherapy and diagnostics. Consider both new and existing infrastructure sites including Rutland Memorial Hospital (RMH).	Clarity of what services are delivered by GP practices, PCN, PCL, Acute and Community Services both locally and out of county. Review waiting lists for key priority areas. Explore potential areas for consideration to support reduction in waiting times and post covid back log for elective and community services.	ICB	Apr-24	System	Review of current and potential services delivered at RMH Evaluation of AI Tele - dermatology service Increase in availability and access to services locally			The unit has special requirements and restrictions for power supply and also access to facilities for patients attending.	Additional sites for housing the unit are being considered.	AMBER
4.2.4	Explore the possibility for a localised Pulmonary Rehabilitation Service through the evaluation of the pilot project in train to inform local feasibility models/review in Rutland.	Establish current usage of pulmonary rehab, anticipated future requirements and commissioning a service to be provided locally if required.	ICB	Jun-23	Place	Evaluation of local pulmonary rehabilitation take-up Increased take-up of pulmonary rehabilitation by relevant patients					RED



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4.4.1	Decrease digital exclusion and increase digital inclusion by targeting people who want to use technology to improve access to services and/or reduce social isolation. a. Collaborative approach across involved agencies and services. Identify reasons for digital exclusion e.g. affordability, skills, confidence, connectivity, choice. Support to take up digital services e.g. access to medical record, booking appointments, virtual appointments, prescription ordering. b. Fit for purpose local internet infrastructure and access across Rutland including access to high speed broadband within community setting such as libraries. Advice to support household choices.	Increased number of people booking on line and using the practice websites. Increase in number of patients being seen virtually. Increase number of patients with digital access to their health care record. Provision of digital enablement sessions - training on how to use the NHS app and practice websites. Promotion of online access at local events Consideration of a digital transformation lead within the PCN. Increase in number of location public access points for high speed broadband. Standardisation of the practice websites so they all have the same navigation for ease of use. Consideration of services that may be able to be offered virtually. Monitoring of website usage and collection of patient feedback.	ICB	Apr-24	Place	•Number of people digitally enabled. •Residents in Rutland have the option to subscribe to high speed broadband •No. of public access points for high speed broadband •Number of people with access to their GP record •Numbers of people using the NHS app to order repeat prescriptions and make GP appointments against the baseline comparator. Practice website usage data and feedback Number of people attending NHS App training sessions			Originally a business case was going to be written for consideration against BCF underspend for the digital enablement element of this work but this is no longer available.	Instead this will be taken forward through the work of the comms and engagement group, linking in with key stakeholders, local volunteers and linking with the PCN Digital Transformation Lead.	AMBER
4.4.2	Identify existing issues and routes /modes to improve physical access to services from rural areas by working with RCC Transport Plan team (including through further travel time mapping for different modes of transport and times of day, to support wider planning, also considering out of area access to services and ambulance response times).	**Confirm Reporting Lead for this element**	RCC	Apr-25	Place	•Review of current transport routes and health inequalities needs assessment •Rutland travel time and bus route napping including costs			N/A	N/A	AMBER
4.4.3	Delivering commissioned services within Rutland. Encouraging LLR services commissioned from third party providers to be offered directly in Rutland including through venue support.	Review which third party services are provided and consider whether they are able to be delivered locally in Rutland. Increase in number of venues identified that can be used for health and social care service delivery. Identification of services that can be offered locally that were originally accessed external to Rutland.	ICB	Apr-24	Place	•More services delivered within Rutland wherever possible					AMBER
4.5	Enhance cross boundary working across health and care with key neighbouring areas										AMBER
4.5.1	Undertake an Out of Area contract review of LLR CCG commissioned services	Identify key contracts that are used by Rutland out of area.	ICB	Jun-23	Place	•Review of cross boundary working across health and care					RED
4.5.2	Phase 2 of electronic shared care records including sharing with organisations not on the LLR Care Record system, notably out of area providers and other specialist providers including Defence Medical Services. Dependency on national shared care record programme. Explore potential for future digital referral routes from out of area.	** Update from Sharon Rose Required**				Electronic shared records implemented across a range of health and care providers					AMBER
4.5.3	Maintain close operational working with neighbouring CCGs, Councils and associate commissioners in Lincolnshire, Northamptonshire, Peterborough and Cambridgeshire with an initial focus on Primary Care impact on local provision, and implications of UHL restructure on demand for out of area services. Consider representation on respective governance groups.	Establish links with neighbouring commissioners and providers and establish regular dialect.	ICB	Mar-23	Place	Clear links with local CCGs and LAs re cross boundary working			N/A	N/A	GREEN

New Enhanced Access service resulting in more appointments available a minimum of two weeks in advance, and a mixture of in person face to face and remote (22/23)  
Consider a local Enhanced Access service (part of review of access to primary and urgent and emergency care) encompassing same day access for Primary Care, Urgent Care, including (Minor Injuries), and Frailty Care  
Recruit dedicated Digital Inclusion and Communications resources to support development, access, and navigation of e.g., Patient Online System/NHS App services/remote consultations/ practice websites (22/23)

Review GP registrations in the context of unique or under-served groups to increase registration for Health Services e.g., Armed Forces Families and Traveller Community (22/24)  
Develop an enhanced access model that supports access to same day appointments. (22/23)  
Review Minor Injury Service provision and Urgent Treatment Centre provision to ensure that it meets the needs of the local population and reduces the need for presentation at ED. (22/23)  
Identify the highest utilised ED's out of county and across borders in relation to Rutland residents looking at reasons for presentation and reviewing associated pathways (22/23)  
Expand the number of Clinical Pharmacists working locally who can treat Minor illness such as coughs, UTIs and Cellulitis and some Term Conditions. (22/23)



**Priority 6: Ensuring People are Well Supported in the Last Phase of Their Lives**  
**Senior Responsible Officer (on HWB) James Burden**  
**Responsible Officer (on IDG) Charlie Summers**

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Ref	What Do We Want To Achieve?	How Are We Going To Do It?	Lead Organisation	Timeframe for Delivery (Month/Year)	Level (System, Place or Neighbourhood)	How Will Success Be Measured?	Progress for May 2023	Progress for June 2023	Key Identified Risks	Mitigations	June 2023 Project RAG Status
<b>6.1</b>	<b>Each person is seen as an individual</b>										
6.1.1	Ensure there is choice at the end of life, in terms of place and type of care, to include continuity of care.	Identify all the services available to patients in Rutland who require end of life care and how these are accessed. Identify services outside of Rutland that may also be accessible.	ICB	Sep-23	System	A centralised resource detailing all EoL service available to patients in Rutland including LLR commissioned services and Rutland specific.			Current LLR EoL programme delayed.	Timescales have been adjusted to reflect delays.	AMBER
6.1.2	Support individuals in achieving their wishes around end of life care, including through awareness raising about support already available for them and their carers, and how to access it, including the Integrated Community Specialist Palliative Care Service, specialist nursing, virtual day therapy, befriending support and training.	Increase advance End of Life Care Planning by using risk data tools to identify people reaching last years of their life (22/23) Increase the use of RESPECT care planning, streamlining the process to make the process easier.	ICB	May-23	System	Increase in the number of patients with a RESPECT Care Plan					GREEN
<b>6.2</b>	<b>Each person has fair access to care</b>										
6.2.1	Explore the possibility of delivering more end of life care services closer to home, with consideration for the use of the Rutland Memorial Hospital. Also consider out of hours palliative care access - quality and quantity (eg ability to respond if syringe drivers fail).	Complete the EoL Refresh our JSNA and LLR all age end of life strategy (22/23)	ICB	Mar-24	Place	Baselie of EoL Service and service utilisation locally.			The LLR EoL strategy that was due for completion by the end of March 2023 has been delayed and now is expected to be completed by August 2023. Once this is complete and assesment of service delivery and potelal options for future pathway redesign will be conidered. This will also be informed by the refreshed JSNA chapters for EoL .	Timescales have been adjusted to reflect delays.	AMBER
6.2.2	Understand access to hospice and other services for End of Life care, and requirements for these commissioned services. Use this to improve access to hospice care, including transport issues, and facilitating commissioning where the provider is not within LLR.	Look at hospice utilisation for Rutland residents requiring EoL respite care.	ICB	Mar-24	Place	Baseline of hospice activity numbers for Rutland patients requiring respite hopice care including numbers to RMH palliative care suite.					GREY
6.2.3	Early identification of those likely to be in the last year of their life is in place, using assessment tools (e.g. Aristotle Population Health Management system validated tools). Ongoing use of this to support further ReSPECT planning to benefit those people and their families.	Designation of a specific end of life co-ordinator with in the PCN to undertake this piece of work to ensure that patients are identified through using risk stratification.	PCN	Mar-23	Place	Once baseline measures are taken, measure the increase in number of patients being indentified and increase in the number of patients with a care plan.					GREEN
<b>6.3</b>	<b>Maximising comfort and wellbeing</b>										
6.3.1	Review pre-, peri- and post-bereavement support services, considering people in different circumstances (including armed forces, children and young people, parents experiencing the loss of a child, people with Learning Disabilities who are losing or have lost key loved ones, sudden and anticipated loss, bereavement through suicide). Consider coverage across Rutland and how different services complement each other. Also consider the link to mental health services.	Strengthen our community palliative and end of life care offer (22/23)	RCC	Mar-24	Place				The LLR EoL strategy that was due for completion by the end of March 2023 has been delayed and now is expected to be completed by August 2023. Once this is complete and assesment of service delivery and potelal options for future pathway redesign will be conidered. This will also be informed by the refreshed JSNA chapters for EoL .	Timescales have been adjusted to reflect delays.	AMBER
6.3.2	Timely management of medical equipment and small aids for palliative/terminal care at home - provision and removal. Consider the scope for a community run 'Emergency Hub' facility to help people with supplies needed urgently that werem't anticipated, and with advice.	Support more people to die in their place of choice through Increased identification of people in their last year of life via increased use of RESPECT planning (22/23)	RCC	Mar-24	Place						GREY
<b>6.3</b>	<b>Care is coordinated</b>										
6.3.1	Full and confident embedding of the ReSPECT process to capture and share wishes for care, and increasing coverage of advance care plans at a time when these will be helpful.	Implementation of the revised RESPECT form. Improve access to end-of-life care provision through design and mobilisation of a 24/7 advice line for patients, carers, and professionals (23/24)	ICB	Mar-23	Place	Increase in the number of patients with a RESPECT Care Plan					
6.3.2	Utilise responsive and flexible pathways to allow for rapid discharge from hospital where needed.	Enhancing the end-of-life discharge pathway through testing an integrated EoL social care bridging and co-ordination offer (22/23)							Delay to the 2023./24 EoL work programme which would be informed by the LLR EoL Strategy which will now be finalised in August 2023	Timescales have been adjusted to reflect delays.	GREEN



**Priority 7a: Cross Cutting Themes - Mental Health**

Senior Responsible Officer (on HWB) - 7a Mental Health  
 Responsible Officer (on IDG) - 7a Mental Health

Mark Powell  
 Mark Young

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7.1	<b>Supporting good mental health</b>										GREY
7.1.1	Increase access to perinatal Mental health support services, wherever Rutland women have chosen to give birth.	1.2.2 Healthy lifestyle information for women pregnant or planning to conceive (c) mental health.	LPT	2022/23	System						GREY
7.1.2	Understand the gaps in service reported by service users where children and young people need help with their mental health but have not reached the thresholds for mainstream mental health services, or have reached thresholds but are on waiting lists for CAMHS services, and ways to address these, including via new local services and low level/interim support offers delivered through library and wider commissioned and community services. Factor in anticipated future changes e.g. end of Resilient Rutland funding for children and young people's counselling in 2023.		LPT, PH	2022/24	Place and System						GREY
7.1.3	Increasing local resource to respond to children and young people's mental health need through implementation of Key Worker role, Mental Health support workers support in Schools, contribution of Resilient Rutland programme (funding ending Jan 23). Support to families on waiting lists and for those requiring support but not reaching CAMHS thresholds. Parallel support for parents and carers of children and young people with mental health needs.		LA, VCS, CCG	2022/23	Place						GREY
7.1.4	Transformation project for Rutland- Ensuring Mental Health services are delivered in Rutland including: a) Supporting services via funding bids: (Mental Health VCS grant scheme – crisis café - second round June 2022, Small grants - £3k - £50k - second round to open June 2022, OPCC commissioner safety fund – up to £10k) b) A clear co-designed approach to supporting farmers' and other individuals' needs linked to rurality c) A clear co-designed approach to better meeting veterans' and armed forces families' mental health needs d) A clear local plan to better coordinate care across neighbouring service areas		LPT/ CCG/ RCC	2022/23	Place and System						GREEN
7.1.5	Increased response for low level mental health issues. Promotion of recognised self-service self-help tools and frameworks notably Five ways to wellbeing. Expansion of capacity in local low level mental health services and closer working between involved local agencies and services, including in the voluntary and community sector and peer support, so more people access help sooner in their journey. Opportunities to develop resilience skills, e.g. through the Recovery College.		PCN, LPT, RCC, VCS	TBC	Place						GREEN
7.1.6	Deliver on the Long-term plan objectives for mental health for the people of Rutland: a) Move towards an integrated neighbourhood based approach to meeting mental health needs in Rutland b) Annually assessing the physical health needs of people with Serious Mental Illness (SMI) in Rutland c) Ridding people with serious mental illness into employment d) Delivering psychological therapies (IAPT - VitaMinds) for individuals as locally as possible to Rutland		LPT, PCN, RCC, VitaMinds	2022/23	System and Place						GREEN

**Priority 7b: Cross Cutting Themes - Inequalities**

Senior Responsible Officer (on HWB) - 7b Inequalities  
Responsible Officer (on IDG) - 7b Inequalities

Mike Sandys  
Adrian Allen

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7.2	<b>Reducing Health Inequalities</b>										
7.2.1	Complete a needs assessment to understand the current health inequalities in Rutland. The assessment will apply a rural lens, considering hidden deprivation and the resultant needs, calling on wider sources of intelligence across the community, voluntary and faith sector. The assessment will also focus on geographical inequality, inclusion health and vulnerable populations.		PH	2022/23	Place						BLUE
7.2.2	Embedding a proportionate universalism approach to service delivery including principles of the CORE 20 PLUS 5 and HEAT tool. Targeted support based on need including for families and communities who experience the worst health outcomes across Rutland e.g. military, rurally isolated, carers, SEND, LD children in care etc.		All	2024/25	Place and System						GRAY
7.2.3	Strengthen leadership and accountability for health inequalities including health inequalities training with senior leaders and use of the Inclusive Decision Making framework		ICB, PH, LLR Academy	2023/24	System						GRAY
7.2.4	Embed Military Covenant duties across all key organisations across the system but specifically in Rutland (due regard for armed forces in health, housing, and education).		RCC, ICB, Providers	2022/23	Place and System						GREEN
7.2.5	Complete military and veteran health needs assessment to understand the inequalities facing this group	Refresh Insights data to reflect Rutland. Qualitative piece for current personnel and people coming back from Cyprus.	ICB, PH	2022/23	Place and System						GREEN
7.2.6	Mapping Rutland community assets, including its voluntary and community sector.		RCC	2022/24	Place						GREEN
7.2.7	Role of anchor institutions in reducing health inequalities. Working with key Rutland organisations considering how they can support reducing health inequalities through employees, resources and estate.		System and RCC	2024/25	System						GRAY
7.2.8	Ensuring complete and timely datasets. Collecting data on protected characteristics (including ethnicity and disabilities) to support future service needs and development		All providers	2024/25	System						GRAY



**Priority 7c: Cross Cutting Themes - Covid Recovery**

Senior Responsible Officer (on HWB) - 7c Covid Recovery  
 Responsible Officer (on IDG) - 7c Covid Recovery

Mike Sandys  
 Adrian Allen

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7.3	<b>Covid recovery and readiness</b>										GREY
7.3.1	Build into the commissioning processes of the authority including the EHRIA considerations, the consideration of Covid intelligence to ensure that any additional demand or shift in service access requirements are fully considered.	Ensure that the appropriate steps are built into the commissioning cycle and are identified for commissioners to consider and respond to accordingly.	RCC, PH	Ongoing	Place						GREY
7.2.2	Consider the service offer for patients with long Covid linked to longer term health issues, including accessibility.	Monitoring of deaths data for individuals with co morbidities that have been highlighted as linked to Covid. Review the access arrangements for patients needing support with long covid.	LPT/PH	Ongoing	Place						GREY
7.2.3	Making certain that the intelligence from HSA gets reported into the HWB via the Health Protection Team including an annual Health Protection Report which includes an horizon scan of any future threats to the health & wellbeing of residents	An annual report from the Health Protection Team delivered yearly to the HWB with any relevant HSC reporting being delivered on an ad hoc basis where necessary	PH	Ongoing	Place and System						GREEN

**8. Communications and Engagement**

Senior Responsible Officer (on HWB)  
Responsible Officer (on IDG)

Kim Sorsky  
Katherine Willison/Charlie Summers

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8.1	<b>Readiness to deliver the plan</b>										
8.1.1		Sustain communications working group through year 1 of the plan to support establishment of new ways of working.	RCC	Jan-23	Place	Notes taken from all working group meetings and updated action plan					BLUE
8.1.2		Deliver the plan through engagement with the public and professionals	RCC	Mar-24	Place	Customer & patient feedback through the working group. Focus groups in the community e.g. digital innovation focus group with care providers. Other groups to be identified.					
8.1.3		High-level audit of communications and engagement assesses across involved partners (skills, resources, channels, and tools) to help to plan coordinated approaches to communications (assesses and gaps / opportunities).	RCC	Jun-23	System						
8.1.4		Define & agree scope and coordinate with key priority leads system level communications activity and mechanisms – e.g. access to citizen panels. Ensure linkage with other communication & engagement teams: RCC Communications team (Matt Waik), Sue Veneables (insights team)	RCC	Mar-23	System	Clarity regarding remit for communications. Regular productive communication meetings.					
8.1.5		Identify SMART goals and objectives, appoint leads on these are to be delivered, measured & reviewed.									
8.1.6		Identify and deliver some 'quick wins' for local communications									
8.1.7		Reporting to IDG and HWB on communications and engagement activity and performance.									
8.1.8		Annual report taking stock of overall performance and change									
8.2	<b>Ensuring people have access the information they need to maintain their health and wellbeing and to navigate change successfully</b>										
		Coordinate with ICB and places on a visual brand for health and wellbeing in Rutland				Agreement on visual brand,					
8.2.1		Agree approach for collaborative communications across health and care in Rutland.	RCC	Sep-23	System						BLUE
8.2.2		Co-ordinate mechanisms to engage Rutland's population in improved communications and communications management (digital impact), Improved Learning Disability Partnership Board (27/02/23), Carers week (June), Launch of self-referral portal (1st April), Adult Social Care annual feedback survey and updated personalisation survey	RCC	May-23	System	Agreed co-ordinated approach in place.					
8.2.3		Shared, rolling communications campaign calendar with selected campaigns prioritised and/or in common across the year – design, maintain, deliver.	RCC	May-23	System	Agreed comms campaign calendar in place					BLUE





Strategic Priority Area	Strategic Priority Workstream	Workstream / Project Lead	Email
Best Start in Life	1.1 Healthy child development in the 1,001 critical days (conception to 2 years old)		
	1.2 Confident Families and Young People		<a href="mailto:bcaffrey@rutland.gov.uk">bcaffrey@rutland.gov.uk</a>
	1.3 Access to Health Services		<a href="mailto:jdowling@rutland.gov.uk">jdowling@rutland.gov.uk</a>
Prevention	2.1 Supporting people to take an active part in their communities		
	2.2 Looking after yourself and staying well in mind and body		
	2.3 Encourage and enable take up of preventative health services		
	2.4 Maintaining and developing the environmental, economic and social conditions to encourage healthy living for all		
Living With Ill Health	3.1 Healthy ageing, including living well with long-term health conditions, and reducing frailty and over 65s falls	emmajane Hollands	<a href="mailto:ehollands@rutland.gov.uk">ehollands@rutland.gov.uk</a>
	3.2 Integrating services to support people living with long-term health conditions		
	3.3 Support, advice, and community involvement for carers		
	3.4 Healthy, fulfilled lives for people living with learning or cognitive disabilities and dementia		
Equitable Access	4.1 Understanding the access issues		<a href="mailto:jamesburden@nhs.net">jamesburden@nhs.net</a>
	4.2 Increase the availability of diagnostic and elective health services closer to home		<a href="mailto:debra.mitchell3@nhs.net">debra.mitchell3@nhs.net</a>
	4.3 Improving access to primary and community health and care services		
	4.4 Improving access to services and opportunities for people less able to travel, including through technology		
	4.5 Improving access to services and opportunities for people less able to travel, including through technology		
	4.6 Enhance cross boundary working across health and care with key neighbouring areas		
Growth and Change	5.1 Planning and developing 'fit for the future' health and care infrastructure		
	5.2 Health and care workforce fit for the future		
	5.3 Health and equity in all policies, in particular developing a healthy built environment aligned for projected growth	Mitch Harper	<a href="mailto:mitchell.harper@leics.gov.uk">mitchell.harper@leics.gov.uk</a>
Dying Well	6.1 Each person is seen as an individual		
	6.2 Each person has fair access to care		
	6.3 Maximising comfort and wellbeing		
	6.4 Care is coordinated		
	6.5 All staff are prepared to care		
	6.6 Communities are prepared to help		
Cross Cutting Themes	7.1 Mental Health		
	7.2 Inequalities	Mitch Harper	<a href="mailto:mitchell.harper@leics.gov.uk">mitchell.harper@leics.gov.uk</a>
	7.3 Covid Recovery	Adrian Allen	<a href="mailto:adrian.allen@leics.gov.uk">adrian.allen@leics.gov.uk</a>

## Acronyms and glossary

A&E	Accident and Emergency
ACG	Adjusted Clinical Groups (tool for health risk assessment)
BCF	Better Care Fund
CAR	Citizens Advice Rutland
CIL	Community Infrastructure Levy
CCG	Clinical Commissioning Group(s)
Core20PLUS5	NHS England and Improvement approach to reducing health inequalities
CPCS	Community Pharmacy Consulting Service
CVD	Cardio Vascular Disease
CYP	Children and Young People
EHCP	Education and Health Care Plan
FSM	Free School Meals
HEE	Health Education England
HIA	Health Impact Assessment
HWB	Health and Wellbeing Board
ICON	Framework to prevent shaking of crying babies (Infant crying is normal, Comfort methods can work, Ok to take five, Never shake a baby)
ICB	Integrated Care Board
ICS	Integrated Care System
JHWS	Joint Health and Wellbeing Strategy
JSNA	Joint Strategic Needs Assessment
LA	Local Authority
LAC	Looked After Child
LD	Learning Disability
LeDER	Learning from deaths of people with a learning disability programme
LLR	Leicester, Leicestershire and Rutland
LPT	Leicestershire Partnership Trust
LTC	Long Term Condition
MDT	Multi-Disciplinary Team
MECC+	Making Every Contact Count
MH	Mental Health
NCMP	National Child Measurement Programme
NEWS	National Early Warning Score
ONS4	A 4-factor measurement of personal wellbeing
OOA	Out of Area
OOH	Out of Hospital
OPCC	Office of the Police and Crime Commissioner
PCH	Peterborough City Hospital
PCN	Primary Care Network
PH	Public Health
RCC	Rutland County Council
ReSPECT	Recommended Summary Plan for Emergency Care and Treatment
RIS	Rutland Information System
RISE	Rutland Integrated Social Empowerment
RMH	Rutland Memorial Hospital
RR	Resilient Rutland
SEND	Special Educational Needs and Disability
SMI	Serious Mental Illness
TBC	To be confirmed
UHL	University Hospitals of Leicester
VAR	Voluntary Action Rutland
VCF	Voluntary Community and Faith
VCS	Voluntary and Community Sector